## 2. Protocol Synopsis

PROJECT TITLE	ER Niacin/laropiprant impact on cardiovascular markers and atheroprogression in HIV-infected individuals on cART: the NILACH trial			
BACKGROUND	HIV-infected patients are at increased risk for cardiovascular disease. Large investigations support an inverse correlation between HDL-C levels and coronary heart disease. Therefore a treatment lowering HDL-C such as niacin could reduce the risk of atheroprogression not only through its benefit in terms of lipid profile, but also by reducing atherosclerotic inflammation.			
AIM	We aim at showing that a therapy targeting HDL-C increase in HIV-infected patients on suppressive cART has the potential for reducing subclinical			
	atherosclerotic inflammation associated with HIV itself in HIV-individuals on cART.			
INCLUSION/EXCLUSI ON CRITERIA	Inclusion criteria  Adult patients > 40 years  Signing the study consent form  Stable cART since at least 3 months (ie no recent drug change)  HIV-RNA below 100 copies for at least 6 months  HDL-cholesterol < 50 mg/dL for men and < 55 mg/dL for women  Exclusion criteria  Pregnancy or lactation  Women of childbearing potential must use one or two reliable contraceptive methods during the trial  Acute and Chronic Congestive Heart Failure  Acute or chronic coronary artery diseases  Concomitant cancer, diabetes, rheumatologic disease or inflammatory bowel diseases  Concomitant renal or hepatic disease  Prior intolerance to niacin therapy (reported in a medical report)  No cyclosporine, anti-inflammatory drugs (other than aspirin 100 mg), fibrates or cytokine therapy in concomitant intake			
	<ul> <li>Normal thyroid function, No excessive consumption of alcohol</li> <li>Any grade 3 or 4 laboratory abnormalities</li> </ul>			

3. Project Description (5 pages maximum with fond size 12, for parts a. to d.): (cf attached file)

## a. Budget:

	TOTAL	Year 1 -2011	Year 2	Year 3		
To be financed by the CRC or Fondation Artères						
Personnel CHF* (*Include charges of 25%)	Study nurse 40% 114'000 CHF	37'000	38'000	39'000		
Equipment et consumables	Lipid and apolipoprotein determination (145 CHF/patient for 4 determinations)	2'170	6'510	4'340		
Other costs	Drugs : 80'000 (active drug) and 15'000 placebo	13'000 10'000	39'000 2'500	28'000 2'500		
TOTAL From CRC/Artères	222'020	62'170	86'010	73'840		
To be financed from your own resources						
Provide details and total amounts	1. Graziano Pelli  Technician 2: salary (UNIGE - 40%): 150'000  2. Fabrizio Montecuc co CDC scientifiqu	50'000 45'000	50'000 45'000	50'000 45'000		